

## Mountain Bike Orienteering

Kowen Homestead Sunday October 25, 2009  
MTBO #4

Organiser: John Scown  
Course setter: Ann Scown  
Club: on behalf of Canberra Forest Riders  
Weather: Overcast, cool, late showers  
Temperature: 15°  
Entries: 28  
Participants: 31

| Pl Name                        | Club | Time   |
|--------------------------------|------|--------|
| Long Course 26km 17 Controls   |      |        |
| Men                            |      |        |
| 1 David Simpfendorfer          | RR A | 81:10  |
| 2 Luke Poland                  | BS-A | 98:03  |
| 3 Richard Pywell               | PO-A | 107:52 |
| 4 Kieran Macdonell             | BS-A | 113:13 |
| 5 Dane Roberts                 | BS-A | 143:54 |
| 6 David Poland                 | BS-A | dnf    |
| Women                          |      |        |
| 1 Clare Lonergan               | BS-A | 142:49 |
| Groups                         |      |        |
| 1 Steve Graham<br>Brian Allsop |      | 163:32 |
| Medium Course 20km 13 Controls |      |        |
| Men                            |      |        |
| 1 Steve Truscott               | AO-A | 78:42  |
| 2 Keith Fifield                | RR-A | 99:29  |
| 3 John Skilton                 | MD-N | 102:25 |
| Women                          |      |        |
| 1 Susie Kluth                  | PO-A | 87:37  |
| 2 Belinda Allison              | RR-A | 88:06  |
| 3 Nora Skilton                 | MD-N | 173:15 |
| Short Course 12km 9 controls   |      |        |
| Men                            |      |        |
| 1 Bob Allison                  | RR-A | 58:17  |
| 2 John Suominen                | WE-A | 65:46  |
| 3 Kevin Paine                  | BS-A | 78:28  |
| 4 Eino Meuronen                | BS-A | 78:34  |
| 5 Wal Pywell                   | PO-A | 92:10  |
| Women                          |      |        |
| 1 Nic Plunkett                 |      | 60:25  |
| 2 Judy Allison                 | RR-A | 84:39  |
| 3 Sandra Hogg                  | PO-A | 91:14  |
| 4 Pat Miethke                  | PO-A | 97:58  |
| 5 Peta Halloran                |      | 104:32 |

| P1 Name         | Club | Time   |
|-----------------|------|--------|
| 6 Sandra Oliver | PO-A | 110:22 |

Groups

|                 |  |       |
|-----------------|--|-------|
| 1 Roy Meuronen  |  | 80:14 |
| Kai Meuronen    |  |       |
| 2 Sandy Baldwin |  | 96:25 |
| Jason Baldwin   |  |       |

Xtra Short 7km 5 Controls  
Men

|               |      |       |
|---------------|------|-------|
| 1 Noah Poland | BS-A | 44:23 |
|---------------|------|-------|